

The Link

ST FRANCIS • OLD SARUM • LONGHEDGE

MARCH 23

WHAT'S ON AT HOPE CHURCH

Activities every Sunday
Monday Monkeys
Easter Egg Hunt

MISSION FOCUS

The Womens' Refuge

WHAT'S ON AT ST FRANCIS

World Day of Prayer 3rd March
50+ at the Movies
Ladies celebrate St Patrick's Day
Encounter Night 19th March

Contacts

St Francis Church
Hope Church

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Safeguarding Hope	Jean Filtness	01722 330728	Jeanfiltness@gmail.com

Worship at St Francis Service Times

5th March

Avoiding distractions

Philippians 3.7-14

Nehemiah 6. 1-15

19th March

Mothers' Day

2 Corinthians 1.3-7

2 Timothy 1.5-12

Regular Sunday Services

9.30am Friendly traditional service

11am Family service with children's groups

Refreshments are served at 10.30am

12th March

Guarding your own

Ephesians 6.10-20

Nehemiah 6.16 and 7.1-5

26th March

Two different attitudes

Philippians 2.1-4

3 John

7pm 1st Sunday BIBLE FOCUS

7pm 3rd Sunday ENCOUNTER



CHANGE OF VENUE!

This month's Encounter Night is at St FRANCIS Church (SP1 3PN)

Encounter Nights are evenings where Christians from across the city come together to worship and pray. We meet at 6.45pm for refreshments ahead of a 7pm start.

EVENSONG AT ST LAWRENCE – at 4pm.

Fancy a change of air?

Every third Sunday in the month St Lawrence at Stratford-sub-Castle holds an Evensong Service which is supported by the St Francis choir. It is a joint service to which all parishioners from all our 3 churches in the benefice are very welcome, as they are any Sunday at 10am.

www.st-francischurch.org.uk

Lent is a season of the church between Ash Wednesday and Easter. Traditionally followers of Jesus give up something through Lent. Washing up? I wish! I suppose we are supposed to give up something we normally enjoy. But what's it all about? One answer might be to emulate Jesus in his 40 days and nights in the wilderness.

But why? It's about "turning down the volume" on things in our lives that can sometimes get too loud. Have you ever tried to talk to someone on the phone when the TV is on in the background or you are near heavy traffic? It's really hard to hear. Sometimes when we turn off other distractions, we can hear the loving voice of God more clearly.

What Adam lost in the Garden of Eden, Jesus won back in a stony desert. That's where Adam and Eve lost it: self-control. Whereas Jesus, despite all temptation, never lost his self-control. As Jesus was born with true flesh and blood, it shows that God can inhabit our physical world and be truly "spiritual" at the same time.

Most of us couldn't probably be accused of treating our bodies too harshly voluntarily. Too much fasting and too many nights of prayer aren't my biggest problems! So what am I going to do through this Lent?



The word "Lent" comes from the Old English word **LENCTEN**: to grow or lengthen. It was a word used for this time of year: **Spring**. The days are beginning to **lencten**. Crops are beginning to **lencten**. Lent is not about less, but more. It is not about regressing but about increase. I want to make this Lent a time to grow more like Jesus and get closer to him.

Sometimes God's Spirit leads us into the apparently barren wilderness. But for us, as for Jesus, it is intended to make us more fruitful: weirdly, a "fruitful wilderness" – a place of increase. Perhaps rather than finding things to give up, we might find things to take up through Lent.

The real question is whether we are growing. Whether our lives feel like a desert or a garden, I hope and pray that this may be for us all **a time to grow especially in generosity and kindness to those who need it most.** I assure you that you will receive a very warm welcome St Francis, Hope Church, St Lawrence and every Christian Church across the city of Salisbury in this season.

We hope especially to enjoy sharing Easter with you when we celebrate Jesus' victory in his resurrection.

Please be in touch with me if you'd like to find out more.

With Christian greetings,

Jean de Garis

Vicar of St Francis, St Lawrence and Hope Church

www.st-francischurch.org.uk

01722 334214 / vicar@st-francischurch.org.uk

WHAT'S ON AT ST FRANCIS

STRICTLY COME LADIES

Our next meeting falls on St Patrick's day so wear something green and join us in The Beatrice Room at **7.30pm on March 17th** for an Irish themed evening. There will be another of April's Treasure maps and if you have memories of places visited or special people you met when visiting Ireland, come along and share a photo or story.

We would love to welcome some new faces so if you have a friend or neighbour bring them along, everyone welcome!

More info from April Hall Tel:414296, Jenny Pankhurst Tel:328761, Jacky Macleod jacky.macleod1@ntlworld.com

St Francis Community Singers



If you like singing come and join us at St Francis on **Mondays from 3.00pm - 4.00pm**

Tea and biscuits beforehand at 2.30pm

We have a super, well qualified, young bubbly leader who always gets us laughing!

It's all very informal No audition! £5 a session (first session free)


50
and beyond...

50s and Beyond is a St Francis based fellowship and service group, focused on people 50+ in age. We have 10-12 events per year which are open to the community.

Tuesday, March 28th at 12:30

It's Movie time! Meet at 12:30 in the lobby for a 13:00 start at Salisbury Odeon. Tickets are £5.00 at the cinema, online from £3.50 including a hot drink and biscuit. Tea follows at Marks and Spencer Café. We won't know what the movie is till the week before, but we are planning on giving it a go regardless of the movie! It will just make the discussion over tea more lively!

For more information, please contact Melanie Squire, 07813 193660, melanie.squire@gmail.com for information.



The Bereavement
Journey

ST FRANCIS

2023

Are you grieving the death of a loved one or struggling with the long term effects of loss? A six session course will soon be running at St Francis. If interested, please contact Rev Mary Terry curate@st-francischurch.org.uk or 07732203452

YOUTH THIS SPRING



ST.F
YTH

YRS 6-9

- FRIDAY NIGHT YOUTH IN THE LOUNGE 6PM TO 7.30PM
- SUNDAY AM STARTING IN CHURCH @ 11AM HEADED TO THE YOUTH LOUNGE FOR BREAKFAST AND DISCIPLESHIP

YRS 10-13

- FRIDAY NIGHT YOUTH IN THE LOUNGE 7.30PM TO 9PM
- SUNDAY AM STARTING IN CHURCH @ 11AM HEADED TO THE BEATRICE ROOM FOR BREAKFAST AND DISCIPLESHIP
- SUNDAY PM DISCIPLESHIP IN THE LOUNGE @ 7PM
- 1ST SUNDAY OF THE MONTH - LIFE SKILLS IN THE LOUNGE FROM 6PM, DINNER AND DISCIPLESHIP

This term we have Breakfast, Juice & Jesus on a Sunday morning – exploring mental health, playing games and discussing what positive mental health looks like and who you can speak to/what you can do when you're feeling low.

On Sunday Nights we are sharing meals, playing games and exploring faith together.

On Friday Nights – £1pp entry - great fun playing board games, crafts, team sports, pool, xbox, arcade machine and table tennis – there is something for everyone and everyone is welcome.



ST
FRANCIS
LIFE WITH GOD




PARENTS OF LITTLE ONES (P.O.L.O.)

A safe, warm, homely community for fellowship and encouragement; sharing the highs and lows of discipleship as parents.

Tuesdays in term-time

9.45am -11am

St Francis Church - Chapter Rm



Check out the What's On tab at www.st-francischurch.org.uk for upcoming events

ZUMBA

Dance yourself fit to a fusion of Latin and international music, combined with a heart-pumping cardio workout that's easy to follow and fun to do! St Francis Church Hall, Beatrice Road – Wednesday 9.45-10.45am / £7. For class details contact Lisa Brewer 07941307683. Licenced Zumba instructor.



what's coming up: March

SUNDAY 5TH MARCH 10AM | **ALL AGE SERVICE + CHRISTENING**

There'll be lots of games, fun and creativity as we worship together in our service.

SUNDAY 12TH MARCH 10AM | **MESSY CHURCH**

Messy Church is messy and loads of fun! There will be the usual craziness, creativity, food and craft all in a safe and welcoming environment for all ages.

SUNDAY 19TH + 26TH MARCH, 10AM | **SUNDAY GATHERING**

For both these Sundays we get to look into a theme deeply. 3-7 year old's will have the opportunity to go to Hope Kids - a group that is tailored to this age group with lots of fun, creativity, and stories.

TUESDAY EVENING | 7:30PM | FORTNIGHTLY CONNECT GROUP

FRIDAY MORNING | 10AM | WEEKLY CONNECT GROUP

MONDAY MONKEYS | 9AM | WEEKLY TODDLER GROUP

what's coming up: April

SATURDAY 1ST APRIL | 2-4PM | EASTER EGG HUNT

Old Sarum Community Centre, On The Green, £1

SUNDAY 2ND APRIL 10AM | ALL AGE SERVICE

Join us as for Palm Sunday. There'll be lots of games, fun and creativity as we worship together in our service.

SUNDAY 9TH APRIL 10AM | EASTER SUNDAY

Delicious brunch followed by activities, crafts, bible story and some catchy action-songs. Come join us for our Messy Easter all in a safe and welcoming environment for all ages.

SUNDAY 16TH + 23RD APRIL 10AM | SUNDAY GATHERING

For both these Sundays we get to look into a theme deeply. 3-7 year old's will have the opportunity to go to Hope Kids - a group that is tailored to this age group with lots of fun, creativity, and stories.

SUNDAY 30TH APRIL 10:30AM | ST.FRANCIS CHURCH

APCM Service- Hope and St. Francis are coming together for their annual general meeting, BYO picnic and join us after for lunch. (**Please note:** service at St.Francis NOT the community centre.)

MONDAY MONKEYS BABY AND TODDLER GROUP BY HOPE CHURCH AT OLD SARUM COMMUNITY CENTRE

We'd love to invite you along to our baby and toddler group at Old Sarum Community Centre. We meet every Monday during term time from 9 till 11am. We're a welcoming group for all and try to offer a safe space for those who are struggling or feeling anxious to just come, relax and enjoy some time out of the house with their little ones.

We love creating a space that is fun, creative and stimulating for the children who attend, offering opportunities for children to learn through play alongside their grown-ups. We're also aware that parenting is tough so we make sure to provide plenty of coffee and tasty snacks (providing for a range of dietary needs) to keep us going!

I love running the group, meeting new people, making friends and seeing my daughter have fun with others similar to her. She loves the freedom to play sometimes alongside me and other times off exploring by herself. It's great to see a community of people helping out, taking ownership of the group and looking out for one another. It's always a joy to come together at the end of our session to singing time before we all head off into another busy week.

Sophie Burditt, Hope Church

MONDAY MONKEYS COMMUNITY BABY AND TODDLER GROUP

Old Sarum Community Centre
Mondays (Term Time Only)
9:00am - 11:00am
£2 per family

Contact Us

Old Sarum Community Centre
Pheasant Drive
SP4 6GH
01722 335349
Email Sophie at:
oldsarum@st-francischurch.org.uk

Or via Facebook: Monday Monkeys

Who we are

Monday Monkeys is a baby and toddler group offering opportunities for children to learn and play alongside their parents or carers.

Find friendship, a time to relax and space for your little ones to have fun!

The group is now run by Hope Church at Old Sarum community centre along with local community volunteers.



What to expect

A welcoming group for all however you're feeling!

We aim to create an environment where children can learn through play. We have a range of toys suitable for 0-4's. There is always a craft or messy play too.

Starting from 9am/after school drop off. A relaxed start with time to enjoy free play. Snacks and drinks, provided throughout with plenty of refreshments for adults too. We then begin to tidy up at 10:45am signaling song time before finishing at 11:00am.



The World Day of Prayer
invites you...

to be personally enriched by contact with other Christians, as you share their faith experience to learn at first hand of the situation of women in other countries worldwide to share the hopes, fears, joys, sorrows, needs and opportunities of women around the world to pray with them and for them to turn prayers into positive action

You too can be part of the
great wave of prayer!

World Day of Prayer
Commercial Road, Tunbridge Wells, Kent TN1 2RR
Tel: 01892 541411 Fax: 01892 541745
Email: office@wwdp.org.uk
www.wwdp.org.uk



World Day of Prayer
A BRIEF HISTORY

The service in Salisbury this year will be at 2.30pm in
St. Francis Church on
Friday March 3, 2023

This year the programme has been written by the
World Day of Prayer Committee of Taiwan for WDP 2023
Ephesians 1:15-19
I Have Heard About Your Faith

It all starts on the international dateline, in Samoa. Early in the morning, Christian women begin praying for their world. Then as the earth rotates, a great wave of prayer begins to build. It sweeps across the Pacific, touching Fiji and New Zealand. It rolls on through Asia - Japan, the Philippines, Korea, Bangladesh... The countries of Africa are next, and then the Middle East.

The wave reaches the shores of Europe as the day dawns there. Across the Atlantic it moves onwards - the Caribbean, all the Americas, and on to the Pacific again, until the sun finally sets over American Samoa, where the final service takes place, and a worldwide circle of prayer is complete.

But where has all of this come from?

How it all started

In the 19th century

In a day when mission boards were largely male, Christian women in North America began founding numerous, effective boards for foreign and home mission, working with women and children. Within these initiatives, and between them, women started praying with one another, and days (or even weeks) of prayer started to emerge within different Christian denominations.

The 1920s: a vision of unity

Gradually the prayer projects became inter-denominational, and in 1910 a series of events across the USA, celebrating fifty years of women's missionary activity, drew people together across denominational divides. This led to two united days of prayer (one in Canada, one in the USA) on the first day of Lent in 1922. In 1926 the North Americans distributed their worship service to many other countries; the response was enthusiastic, and suddenly a World Day of Prayer had begun.

The British Isles

Mrs Grace Forgan first heard of what was happening at an international missionary gathering in Jerusalem in 1928. She took the news back home to Scotland, and the first service there was held in 1930. England followed in 1932, Wales the year after, the Republic of Ireland in 1935 and Northern Ireland in 1943.

After the War: the movement spreads

After 1945 growth was dramatic. By 1968, when 127 countries were participating, it was felt that there should be an international meeting every 4-5 years, with representation from every national committee in the world. And so now an international executive committee oversees the worldwide work, made up of women from the seven WDP regions: Africa, Asia, Caribbean and North America, Europe, Latin America, Middle East and Pacific.

The date

The original date - the first Friday in Lent - has changed to the first Friday in March, which is more suitable for the Orthodox churches. Roman Catholic participation has increased steadily, especially since Vatican 2 in 1962.

And now?

Today around 120 countries take part. The service is translated into more than 90 languages, including Welsh. In Wales, services may be in English, Welsh or sometimes both.



WDP: the facts

How are we organised?

There's a national committee for England, Wales and Northern Ireland; Scotland and the Irish Republic each have their own. The committee includes representatives from all the main participating churches, plus delegates from Wales and Northern Ireland. The national committee edits and publishes the service material each year, sending it out from the Tunbridge Wells office to about 3000 local branches. Money collected goes towards the work of WDP in England, Wales and Northern Ireland, and in grants to Christian projects worldwide.

What about the rest of the rest of the world?

Each country has its own national committee. Regional conference are held as well as an international meeting every five years.

Who plans the service?

Themes for future years are chosen at the international meetings by a process of discussion and sifting. Then countries are chosen to write the service and allocated a theme. A draft is submitted to the international executive in New York. When accepted the draft is sent to the national committees. Each national committee can amend the draft for their own cultural circumstances, but do so as little as possible. The whole process takes about three years from start to finish.

What countries have featured recently?

From 2010 until 2026 the list is: Cameroon, Chile, Malaysia, France, Egypt, Bahamas, Cuba, Philippines, Suriname, Slovenia, Zimbabwe, Vanuatu, England Wales & N Ireland, Taiwan, Palestine, Cook Islands and Nigeria.

What does the logo mean?

In 1982 Irish women from North and South prepared the service together. The logo was designed by an Irish man especially for the service and was then adopted internationally. In the centre is the cross, formed by praying figures from the earth's four corners. They are all joined together within the circle of the world, enfolded within the love of God.

Is it just about one day of prayer?

Certainly not. Preparing the day, studying the materials, learning about another world culture in depth - all of these things help to create "informed prayer". But *informed prayer* must lead to *prayerful action*. And it is our goal to see exactly that happening through the work of WDP.

A TREAT FOR MOTHERS' DAY (19TH MARCH)

Here is a special biscuit recipe that children can make for mum on her special day. But, whatever you do, don't forget to tell your mum you love her!

"LOVE YOU MUM" BISCUITS

50g (2oz) plain flour
50g (2oz) ground almonds
50g (2oz) butter or margarine
40ml (2tbsps) caster sugar
40ml (2tbsps) drinking chocolate
1 egg yolk

Icing

225g (8oz) icing sugar
Lemon juice
Pink food colouring



1. Mix the flour and ground almonds together, then rub in the butter/margarine.
2. Add the sugar and drinking chocolate. Bind the mixture together with the egg yolk.
3. Roll out on a lightly floured surface to a thickness of about 0.5cm (1/4 inch).
4. Use a heart-shaped biscuit cutter or cut around a heart-shaped template to cut out the biscuits.
5. Arrange on a greased baking tray and bake at 180C (gas 4) for about 12 minutes.
6. To make the icing: sift the icing sugar and mix with the lemon juice and food colouring to make a fairly thick icing that is soft pink in colour.
7. When the biscuits are cool, ice each biscuit, letting the icing flow smoothly over the edges. Reserve a little of the icing and add extra food colouring to make it dark pink in colour.
8. Using the reserved icing, pipe mum's initials or "Love you mum" on each biscuit. Alternatively, the lettering can be made out of currants or melted chocolate.

SALISBURY WOMEN'S REFUGE

Here are some numbers for you to think about: 1.7 million people, 4,344 beds, and 12 rooms. What do they represent? (I did not make them up; they come from the Office for National Statistics and from Women's Aid.)



- 1.7 million is the number of women who suffered from domestic abuse in the year ending March 2022.
- 4,344 is the number of bed spaces currently provided in safe accommodation in England.
- 12 is the number of rooms for women in the Salisbury Women's Refuge (some for single women, some for families).

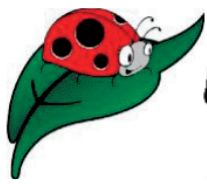
As you can see from this, we provide a very small proportion of the overall national refuge space – which in itself is insufficient to meet the needs of those affected by the scourge of domestic abuse. What we do is, however, absolutely vital for those who come to us. In the brief article I wrote last time I described the Refuge in practical terms – our facilities, our staff, and the services we can offer. I'm the Treasurer, one of 9 Trustees, so this time I'll talk about money, while remembering that we do not measure success or failure by financial outcomes. We aim to break even, not to make a profit, and we try to ensure that the basic regular costs of running the Refuge and providing the staff are covered by our regular income streams; the largest of these is the Housing Benefit that we can claim on behalf of residents, which contributed £77,100 last year - 43% of our total



Some of the garden furniture we were able to buy thanks to a donation.

income. Donations allow us to provide the extras, such as play workers for the children, and to improve our facilities rather than simply maintain them. Last year we received a remarkable £33,500 in donations, from individuals, from church organisations such as PCCs and Mother's Union branches, and from some local businesses. St Francis is a generous and regular donor to the Refuge, for which we are most grateful.

Colin Reed



Ladybirds

Pre-School

Ladybirds Pre-school is your local childcare setting that has long established ties within our community located in St Francis Church hall. We are a free flow setting, this allows the children to decide where they want to learn, be it in our indoor area where their imaginations and creativity are inspired or in our exciting outside space.

We currently have spaces so please get in touch using the contact information below if you would like more information or to arrange a visit.



Ladybirdssp1@gmail.com 01722 502234



LIONS CLUB of SALISBURY & DISTRICT (CIO)

"We Serve"
CHARTERED 1962

Charity Number 1180342

Prostate Cancer testing Day – Save the Date!

The **Lions Club of Salisbury and District** is a non-profit, all volunteer, organization that has been serving the community for over 60 years. The service project we have chosen for this year is a **Prostate Cancer Testing Day** on **May 20th, 2023**.

Prostate Cancer is the most common cancer in men, but most men with early prostate cancer don't have symptoms. Prostate cancer is not always life-threatening. But when it is, the earlier you catch it the more likely it is to be cured. The PSA blood test is the first step in the prostate cancer diagnostic pathway. *It is a cheap, safe, and effective way of identifying men who would benefit from further testing.*

200 Free tests will be carried out on the Testing Day in conjunction with Graham Fulford Cancer Trust at **St. Francis Church**, Salisbury, between **11am and 3pm**. Men 40 & over will be invited to register for a free test on the Graham Fulford Cancer Trust website in the coming months.

For more information, contact John M Smith
John@mitreccs.net
Lions Club of Salisbury & District
PSA Project lead

THANK GOD FOR.....GRASS

Grass is something we tend to take for granted. It grows all around the world in various forms and covers huge areas in the grasslands of Asia, Africa and the Americas. Thousands of years ago, people domesticated several kinds to develop food crops such as wheat, barley and rice: these also cover huge areas.

I am glad that grasses have been recognised by the gardening gurus of today as beautiful plants in their own right. They look good in most borders and the taller ones, like the Giant Oat, can make a big impact. As a lawn, grass can set off other garden plants in a way that hard landscaping cannot. Yes, it takes time and effort to keep lawns mown and trimmed in the summer but they're well worth it.

I can remember standing and admiring the immaculate weed-free grass in one of the college courts at Cambridge and asking the nearby groundsman how he got the lawn to look so good.

"Well," he said, "you mow it and rake it and weed it and roll it and when you've done that for about 400 years you get a lawn like this." No sweat then!

What would we do without the grasses? I well remember reading, as a teenager, the book "The Death of Grass" by John Christopher, a popular writer of science fiction at one time. He imagined a disease which killed all the grasses, including all the main cereal crops, of the world. This, in turn, led to the death of many of the world's herbivores, including all the cattle and sheep. Not surprisingly this caused mass starvation and wars to break out all around the world. Fortunately, the main characters in the story managed to escape to a farm in Scotland to grow potatoes and a cure for the grass disease was found in the nick of time. However, I have never forgotten this story, and I no longer take the grasses for granted. Instead, thank God for them, as without them life would be grim indeed.



A Job That Gives Back

We are looking for wonderful people in Salisbury to help an older person to stay in their own home. Pay starts at £12 per hour with paid wait and travel time.

Call us to find out more 01722 443 559

or visit our website www.homeinstead.co.uk/salisbury-and-romsey

 **Home Instead.**
To us, it's personal



ALABARÉ BIG SLEEP AT SALISBURY CATHEDRAL – FRIDAY MARCH 10TH

10th March is fast approaching and our preparations for our Salisbury Cathedral BIG Sleep are coming together.

It would be amazing if each city church was represented, coming together to raise funds and awareness for Alabaré’s work with those who are homeless in the Salisbury area.

For the 15th year, we will be sleeping on the cold, stone flagstones of the cloisters and although it is likely to be cold and challenging, it is always enjoyable and thought-provoking as we hear about the life-changing work that Alabaré does to support those who are homeless. Come as an individual or as a group (minimum age 14) and see how much sponsorship you can raise from your congregation!

These incredibly difficult times mean that many more people are facing huge difficulties trying to keep their tenancies or homes, or successfully manage their mental and physical wellbeing. Sadly for some, they could end up losing their home, their safety and become homeless. Alabaré is determined to be there for as long as people need their support out of crisis.

You can find more information on Alabaré’s website <https://www.alabare.co.uk/event/the-big-sleep-salisbury-cathedral2> or email Alabaré’s Church Engagement Officer Helen Inglis on h.inglis@alabare.co.uk

We look forward to welcoming you to this amazing event!

The Cafe is open every Friday from 9.30 - 11.30am and is open to anyone, offering fresh filter coffee, tea, home-made cakes and biscuits, all for £1 per item, including free refills. We have customers of all ages and both men and women, so if you fancy a local, good, cup of coffee, why not try us, and meet some new friends at the same time. You will see the “Friday Cafe” boards outside the Church entrances, to show the way in. If you have any questions, please ring Penny on 01722 504326.

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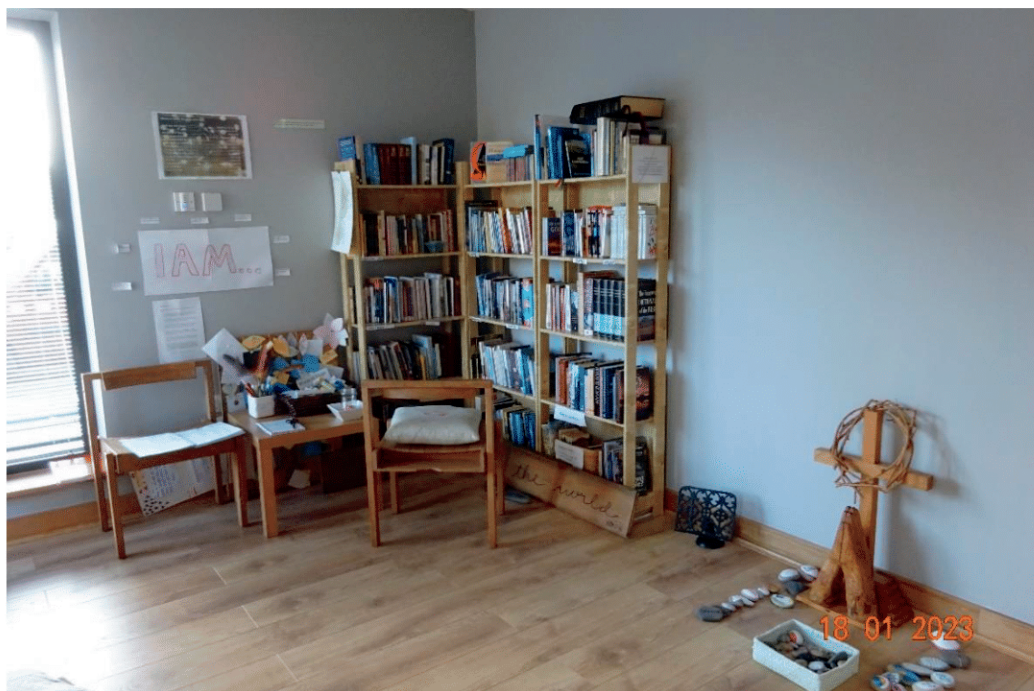
www.ahs-heating.co.uk

EXPLORING ST FRANCIS CHURCH - THE PRAYER ROOM

The Prayer Room was added as part of the new extension to the church in 2017. Open from 6am until 9pm every day, it provides a peaceful, warm enclosed space for anyone to use for prayer, reflection or simply as a respite from the pressures of daily life.



At present there is a simple cross and painted stones to provide a focus for prayer, but the displays change throughout the year. There are also books which can be borrowed. In these difficult times, the Prayer Room is well worth a visit for the chance to draw breath and strengthen yourself to face the world.





OLD SARUM AND LONGHEDGE ANNUAL

EASTER EGG HUNT

SATURDAY APRIL 1ST

OLD SARUM COMMUNITY CENTRE

2-4PM

£2 PER CHILD

**Keep up to date on event information via
Facebook: HOPE Church Salisbury or
email: oldsarum@st-francischurch.org.uk**

Follow the scavenger hunt, complete the challenges and crack the code to win your prize!

Join us for refreshments and cake at the community centre after.

