



Welcome to Week One of Faith @ Home!

Young people asked us to create these Bible studies which could be used throughout the November lockdown. We will be posting them on Instagram on Mondays, Wednesdays and Fridays. However, if a young person does not have access to Instagram then please pass this document onto them. They can be used individually or you might even like to use them as a family! **Day 3 of each week is designed especially to be used as a family** if you think this would be helpful! You might like to find a time on a Friday evening or over the weekend to work through the third session with it's reading, video and discussion questions.

Day One (Monday/Tuesday)

READ:
Ephesians 2:1-10
 As you read, ask yourself:
 What were we? What are we now? What happened in the middle (the BUT moment in verse 4)

WATCH:
 "Faith @ Home Videos" Link in bio

ACT:
 List some of the things that God has done for you. Why not include some of the things found in verses 5-10!

Day One: GRACE

Video link: <https://youtu.be/XReWXC8iQJQ>

Day Two (Wednesday/Thursday)

READ:
Philippians 2:1-11
 As you read, ask yourself:
 What did humility look like for Jesus? How did he humble himself? How does Paul encourage us to act in humility?

WATCH:
 "Faith @ Home Videos" Link in bio

ACT:
 How can you go out of your way to serve someone today? A phone call to a grandparent. Leaving a friend something nice at their door? (remember to follow lockdown guidance)

Day Two: Humility

Video link: <https://youtu.be/XReWXC8iQJQ>

Day Three (Friday/Weekend)

Day 3 can be done with family or friends if you like!

READ:
Colossians 3:1-17

WATCH:
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DISCUSS & DO:
 Questions & Activities in description!

Day Three: New Life

Video Link: <https://youtu.be/YJll6x8zfuU>

Discussion Questions:

- (1) What did you like/ find helpful in this passage? What jumped out at you?
- (2) What challenged you, or what did you find difficult to understand?
- (3) Paul talks about how certain things have been "put to death" for Christians, certain things are no longer a priority or appropriate for people alive in Jesus. What are some of the challenges Christians face today in November 2020?
- (4) In verses 12-14 Paul talks about clothing ourselves in virtues. Which of these do you need most over the coming weeks? You might like to pray for each other at this point.
- (5) "Set your mind on heavenly things" Practice gratitude, you might like to go around the table and share one thing you are thankful for today.